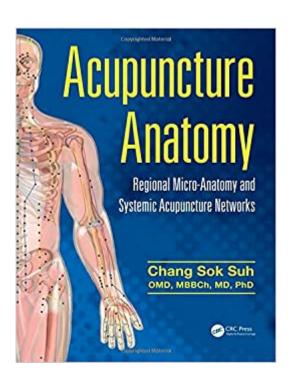


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# Acupuncture Anatomy: Regional Micro-Anatomy And Systemic Acupuncture Networks





## Synopsis

Acupuncture Anatomy: Regional Micro-Anatomy and Systemic Acupuncture Networks integrates Western and Eastern medicine, providing a scientific foundation to acupuncture. By correlating detailed anatomical information with specific acupuncture points, the book opens a window into understanding the physiological basis of acupuncture medicine. Each acupuncture point is described in terms of musculature, vasculature, and innervation. Special consideration is also given to the position of organs, muscles, nerves, arteries, and veins with respect to the acupuncture point. A separate section is devoted to cross sections of the human body. The book is divided into four major parts. The first part discusses the underlying principles of traditional Oriental medicine and acupuncture. The second covers the pathophysiology of the organ systems. The third reviews various disease etiologies and the last part presents common diseases that are effectively treated through acupuncture. Written by an author with degrees in both Western and Eastern medicine, the book $\tilde{A}$ ¢ $\hat{a}$   $\neg \hat{a}$ ,¢s bulleted format and numerous illustrations make it easy to read and understand. It is a valuable companion for those wanting to bridge the gap between Eastern and Western medicine, as it relates to acupuncture.

### **Book Information**

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### Customer Reviews

Chang Sok Suh, MD, OMD, PhD, is a volunteer at the Willed Body Program at the UC Irvine College of Medicine and occasionally teaches acupuncture anatomy classes to licensed California acupuncturists. He received his Oriental Medical License at Kyung Hee University in Seoul, Korea.

He was an acupuncture specialist in rheumatic and rheumatoid arthritis in the Clinic at Monira General Hospital in Cairo, Egypt. He also is the former personal physician for the royal family of the Kingdom of Saudi Arabia. Dr. Suh has taught acupuncture and eastern medicine to students at various institutions throughout the years. He also was a researcher and instructor in the Department of Anatomy and Neurobiology at UCI while acting as spokesperson for acupuncturists in the community. Dr. Suh has written or co-written academic journal articles on an extensive variety of topics in the field for more than 20 years.

I'm an acupuncturist in California and was an OMD in Korea. I took anatomy dissection class in Korea and spent whole two year to finish theory and experiment. However I was in need to review the anatomy on regular basis. Finally I found this book.1. It shows the detailed cross section. So I can see all the pathway where my needle goes through. It's a perfect safe guard for needling.2. As usual practitioner rub patient's skin and tissue before inserting needle. Through this book I'm able to understand the underlying landmark to determine the exact acupuncture point. Bottom line: this book is a wonderful reference for actual acupuncture practitioner.

as a newly practicing acupuncturist but a long term neuromuscular therapist, I found this to be THE BEST book to integrate the two. I would highly highly recommend it.

Taking responsibility for dealing with this book

This book need more images from each point, no simplest images of the meridians

Dr. So has dedicated his life to people and knowledge. Professionally, he has channeled this through experience as a general medical practitioner and most particularly as an acupuncturist. The years of his dedication to people fueled his drive to address the gap between acupuncture and science. His work is a major step forward linking acupuncture with the science of the human body. His dedication and commitment means that this is a reference book that you can trust and use with confidence.

I've read many text books on this subject and this one seems to be the best at doing a number of things. In particular there is a straight forward explanation about the underlying traits and a deeper understanding about how gi, blood, yin, and yang behaves and functions. There is a lot of

information about each point, including a lot of western medicine (muscle names and locations as well as nerves etc.) which I don't find the most useful, but for the academic it is surely vital information that can be used in research of Eastern Medicine in this Westernized world. There is no herbal medicine section, but there are many books which cover that, and although the information is vast, memorization is more important when using herbs if one already has an understanding of underlying theory which is well covered in this book. One review said this book does not cover channels in much detail, this is because most books which focus on channel and point location is for amateurs whom have not had formal study, which is illegal in most places. For students and professionals, this book is a wonderful reference.

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